

Hi Everyone,

Great news! We are having a working bee coming up on **Sunday 15th March at 9am** to get some spring cleaning done around the old place. What a wonderful opportunity to come together as a club, working together as a team for the most noble of purposes. This was originally a squash initiative to get their court walls clean but if you have a good look around the clubrooms you'll see that there is a bit more to be done here so we are looking for help from across the whole membership please. Remember, many hands make light work. If you are going to give me an excuse for not being here then at least try to make it a good one. I have heard most of them in my time.

In Tennis...

As Antony was alluding to, in his post-match results email, it was a night of close results at Business House Tennis. High flying Evolution Motors (2nd) only just held off the challenge of NRE by 17 points to 15 but BNZ (3rd) fail to capitalise when they too can only just hold on against PGC Constructors 17-16. With Tom Carey forced to watch the action from the stands (tore a hamstring at Waipawa Vets on Saturday), PGC were fielding a more youthful squad for last night's tie and looking a very different incarnation of the old Filter Room team. They almost got one over on the champs

but experience prevails. However, BNZ are still trailing Evolution Motors by 11 points and you'd have to say that any chance of catching them was lost last night especially when you consider that BNZ go up against table toppers Johnston Locksmiths next Wednesday while EM entertain bottom placed Rench Club.

Things can change quickly though. Just ask Welcome who were 3rd place a couple of weeks ago and are now down to 8th on the back their loss to Johnston Locksmiths even though they claimed 13 points from the tie. General Compression's Grant & Lucy were wearing the smiles of a partnership that thought it had done enough as they approached the bar for refreshments last night. I suppose it's not their fault that Boost Espresso's Gemma & Russell had other ideas. Results just seem to be eluding General Compression at the moment and division A is not very forgiving.

Bruce and Frances chalked up all 12 points that The Mind Project would take from last night's tie with Pint Builders and that's simply not enough to cause the B Grade table toppers any real problems at this stage. There were close battles aplenty elsewhere in the division and apart from HTM in 2nd place, there really isn't very much to differentiate the rest of the field. Even bottom dwelling crustaceans, the PB Lob Stars, had a decent result against Regional Council last night and really, a couple of good results would put them back up the top end. They have some very winnable rounds coming up against the teams immediately above them so it's far from hopeless.

Our **Club Champs** doubles competition coming up next weekend and you really should have your entry in by now.

<https://www.hblts.co.nz/tennis-entry-form.html>

First rounds will be played on Friday night (6th) with the remainder of the competition played on Saturday.

After that we have the club champs mixed doubles

Andrew will run his sessions as normal this week but he has advised me that he will be away from **Thursday 5th March to Saturday 14th March**. I believe he has a restringing gig at some tennis tournament in Timaru which obviously takes precedence over coaching you bunch of tennis no-hopers. Well, at least he's coming back for the working bee on Sunday 15th, which is nice of him.

Club Day tennis as usual, this Saturday at 1.30pm

In Squash



Over the weekend Max Moore represented Eastern in the Senior Eastern v Central challenge, unfortunately Eastern lost the challenge this year.

The Michalakis boys Dino, Romeo and Nikos competed in Cambridge at the Leamington Open. Dino took out Men's div 1, Romeo won the plate for Men's div 6 and Nikos was 3rd place in Men's div 4.

Meanwhile down the road in Hamilton Lawn Juniors Caleb and Olivia attended a full two days invitational Squash New Zealand U15 development camp.



2026 Junior Under 625 Series

To enter must be 625 points or below and under 19 years of age. Entries close each Thursday before competition day. Enter through MySquash

- Sunday 1st March - Waipukurau Squash Club (Double points)
- Sunday 22 March - HB Squash Rackets Club
- Sunday 31 May - Hastings Squash Rackets Club
- Sunday 26 July - HB Lawn Tennis & Squash Club
- Sunday 30 August - Surf City Squash Club (Double Points)
- Sunday 27 September - Havelock North Squash Club (Finals)

Contacts:
Jules 022 183 6736 or
Dino 022 040 7259

3 Games - 9am Start
Eyeware must be worn
\$10 entry fee

SQUASH EASTERN
SALMING
Physio GREEN MEADOWS

The first of the Junior 625 series will run this Sunday in Waipukurau with 30 Juniors already entered (9 of them our very own HBLTC juniors!) it's proving to be a great start for the season. Enter on MySquash asap before Friday.

Paul Hornsby coaching over Easter is already almost full contact Jules ASAP if you are hoping to book in for this for

either individual or group sessions. Don't forget the Hawke's Bay Lawn committee will kindly cover the cost for all Lawn members to attend Paul Hornsby's Saturday workshop free of charge! This seminar is normally \$40 per person, which will still apply to non-club members. To be held April 4th at 3.30pm.

PHSquash Coaching with Paul Hornsby | Squash Professional

PRIVATE SQUASH COACHING

45 Minute Sessions
Single Session \$80.00
6 Session Block \$420.00 (\$70/Session)
10 Session Block \$600.00 (\$60/Session)

60 Minute Sessions
Single Session \$95.00
6 Session Block \$510.00 (\$85/Session)
10 Session Block \$750.00 (\$75/Session)

To book, contact Paul
0274 778 274 | paul@phsquash.com

About Paul:
Paul Hornsby is the founder of PHSquash and an internationally renowned coach, analyst and TV commentator/presenter. Having worked with players of all standards from complete beginner to World Number 1 ranked athletes, he has the tools and expertise to bring the very best out of anyone with the passion and drive to develop their game.
Paul is based primarily at North Shore Squash Club, Auckland, but is able to travel to various locations around New Zealand if demand and timings allow!



Hawke's Bay Lawn
TENNIS &
SQUASH

PROUDLY SPONSORED BY:
WOLFBROOK
PROPERTY MANAGEMENT

DOUBLES TOURNAMENT

27 & 28 March



ENTRIES CLOSE 20 MARCH

PLAYERS MUST BE GRADED E1 AND ABOVE
\$35 PER PLAYER (\$70 PER PAIR)
MAXIMUM ONE PLAYING RESTRICTION PER PAIR

\$500 CASH PRIZE for Div 1 Open Winning Pair!!

Enter on MySquash or Contact Tania 027 338 3212

Our open doubles tournament is just over a month away. Have you got your partner sorted yet? The \$500 div 1 prize is not to be sniffed at and I expect it will bring in more people from other clubs too. You can enter now via MySquash.

Regional Graded Eliminations – Team Competition

📍 Where: Waipukurau Lawn Tennis and Squash Club

📅 When: 25th–27th June

This is a team competition for each grade, with the opportunity to progress through to represent Eastern at Super Champs.

Team details:

- 5 - 7 players per team

Eligibility:

- Players must have completed 3 competitive matches with a weighting of over 50% (e.g. interclub or tournament matches) between the 1st of January and 5th of June 2026.
- Grades will be confirmed as of 5 June 2026

If you're keen to:

- represent the club in your grade
- manage a team
- or coach a team

👉 Please fill out the attached link.

<https://forms.gle/GJY4CvzwZouKNY5n9>

If you have any questions about what eliminations involve, contact Tania on +64 27 338 3212.

Club Day as usual this Saturday. 2.30pm for beginners and 3.15pm for senior graded players.

Upcoming district tournaments:



2026 Junior Under 625 Series

To enter must be 625 points or below and under 19 years of age. Entries close each Thursday before competition day. Enter through MySquash

- Sunday 1st March – Waipukurau Squash Club (Double points)
- Sunday 21 March – HB Squash Rackets Club
- Sunday 3 May – Havelock North Squash Club
- Sunday 31 May – Hastings Squash Rackets Club
- Sunday 26 July – HB Lawn Tennis & Squash Club
- Sunday 30 August – Surf City Squash Club (Double Points)
- Sunday 27 September – HB Squash Rackets Club (Finals)

Contacts:
Jules 022 183 6736 or
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\$10 entry fee

SQUASH EASTERN
SALMING
Physio GREENMEADOWS



LADIES SOCIAL SERIES
E1 GRADE AND BELOW

To enter email Michelle or for more info | admin@squasheastern.co.nz

WHEN: Tuesday Nights @ 6.15pm

WHERE: HB Lawn Tennis & Squash Club

WHO: Ladies E1 grade and below or beginner ungraded | Must be a club member

WHAT: Runs for 4 weeks
March 24th, 31st, April 7th and 14th 2026

Will be placed into a team. Best of 5 | Par 11

\$20 Entry Fee for 4 weeks

SQUASH EASTERN

HAWKE'S BAY
Squash Rackets
CLUB

1 DAY SQUASH

TOURNAMENT

\$25

J. GRADE: \$10 ENTER ON MYSQUASH

SATURDAY 7TH MARCH

ALL GAMES TO PAR 11

HBSRC
NIVEN STREET, NAPIER

FOR MORE INFO &
REGISTRATION:
D.DRAVITZKI@LDE.CO.NZ
0274460442



Bidfood HAWKE'S BAY



2026 Waipukurau OPEN Squash Tournament



20th - 21st MARCH

ONLINE REGISTRATIONS

Enter via MySquash

Entry Fees to be paid at the Club Bar prior to first game

COMPETITION STRUCTURE

Days and times of play will be determined by the number of entries.

Locals may be required to play on Thursday.

ENTRY FEES

Senior Grades \$50

Junior Grade \$25

Includes Saturday evening meal

FOOD & REFRESHMENTS

BAR facilities open throughout with a delicious range of food & snacks available for purchase

EFTPOS ONLY

For further tournament enquiries email: Wpksquashcommittee@gmail.com
or contact Nicki Reisma: 027 254 8705

Registrations Close Friday 13th March



wpksquashcommittee@gmail.com



[@wpktennisandsquash](https://www.facebook.com/wpktennisandsquash)



14 Mitchell St, Waipukurau 4200

In Petanque...



**JOHN MAXWELL
MEMORIAL MELEE
PÉTANQUE
TOURNAMENT**



Date: - Saturday 11th April

Time: - 9 am for 9:30 start

Venue: - Hawkes Bay Lawn Tennis & Squash Club.

\$10 per person

Format: -
Partners are drawn each round, doubles or triples depending on numbers entered
5 rounds of timed games 50 minutes plus 1 end
Entries close 5th April 2026

Entry form

Email your entry to Club@hbllts.co.nz Attention – Pétanque Club Captain

Name:

Club/Family:

Phone Number:

Payment to HBLTS account 03-0631-0439466-00

Particular: Name - ref: JM Melee

Date of payment:



That's all for the week. See you at the bar,
Gary